Frankfurt, January 24th and 25th, 2020

Schema therapy Special

with Prof. Arnoud Arntz (Amsterdam, NL)

Advanced Imagery Rescripting & Cluster-C Clients

Two-Day-Workshop (in English)

Day 1: Friday, Jan. 24th 2020 from 2.00 pm to 7.00 pm:
“Advanced Imagery Rescripting techniques”

Day 2: Saturday, Jan. 25th, 2020 from 9.00 am to 4.30 pm:
„Unlocking difficult Cluster-C Clients”

Place: PTZ, Alt Niederursel 53, Frankfurt
Cost: € 320,- € (incl. lunch and beverages).

Day 1: Advanced Imagery Rescripting:

Arnoud has put a lot of research on Imagery Rescripting including investigating the details what really matters and how to apply the technique in detail (e.g. how much exposure is necessary, how long and much do the clients have to be activated for the best effects). He also applied (and investigated) Imagery Rescripting to complex trauma clients with impressive results and knows how to modify the technique for dissociative identity disorder clients (DID) too. He will introduce us into the details of his comprehensive, research-based knowledge and share is experience with us.

Day 2: Treating Cluster-C clients:

Treating clients with Cluster-C personality disorder is frequently regarded as less challenging compared to narcissists or borderliners. Although their emotional presence is low, coping modes can be very rigid and bog down therapy. Arnoud show us how to modify the experiential techniques to by-pass and dissolve rigid coping modes and get clients activated and take over responsibility for the therapy.

Prof. Arnoud Arntz

(University of Amsterdam) is the outstanding researcher in the field of Schema therapy with numerous publications and at the same time an excellent clinician. He does have time to do many workshops, so this is one of the rare chances to see him!

Information and application: